



Balanced Body Wellness Centre
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Patient Acceptance Policy

In order to best serve you, the *Patient Acceptance Policy* should be carefully reviewed. It is Dr. Firnbach's opinion that you should be well informed on our expectations and clinical procedures. To prevent any misunderstandings or confusion on what to expect, Dr. Firnbach would appreciate that you read the below steps and provide your signature. This would simply imply that you have read the *Patient Acceptance Policy* and understand what is expected of you.

1. Completion of the following forms:

- a. **Patient Intake Form** This questionnaire was developed to gather important information about your body. It will help Dr. Firnbach assist in helping you. The medical questionnaire will allow Dr. Firnbach to quickly "**zero**" in on the probable causes of your health problems.

It is **VERY** important for you to carefully and thoroughly complete all of these forms and questionnaires prior to your first consultation with Dr. Firnbach.

2. **Medical Records** from all physicians since you were **first diagnosed** with your health condition **MUST** be obtained prior to scheduling an appointment.
3. Once Dr. Firnbach has your completed questionnaires and copies of all your medical records, a one to two hour appointment will be scheduled to review your case. The cost for the appointment as well as Dr. Firnbach's time for reviewing your medical questionnaire, medical records and written report is \$280.
4. Based on your scheduled appointment and review of all your medical information, it may be necessary to obtain **comprehensive blood chemistry**. The blood chemistry test will include:
 - **Comprehensive Executive Metabolic Panel**, which includes 24 important disease markers such as SGOT, SGPT, GGT, Bilirubin (Liver), BUN, Creatinine, Uric (Kidney), Alkaline Phosphatase (Bone)
 - **Cardiovascular Panel:** Cholesterol, Triglycerides, LDL, HDL, Cholesterol/HDL Ratio, LDL/HDL Ratio
 - **Thyroid Panel:** T3, T4, T7 and TSH
 - **CBC differential:** White Blood Cells and Red Blood Cells, Platelets
 - **Inflammatory markers:** Sedimentation Rate and C-Reactive Protein
5. Based on your medical history, questionnaire, medical records and initial consultation, it may be necessary to order additional medical laboratory tests. You will be presented with detailed information on the **specific tests recommended**. The cost for your initial Laboratory tests will be discussed at that time. **Payment can be made via check and/or credit card**. We accept visa, mastercard and American express. We also have an in-house medical credit card called **Care Credit** which can

be used to cover the expense of any of your medical fees. Information on **Care Credit** can be obtained at my office and is subject to credit approval.

6. If you have not had a physical examination within the last two years or since the start of your most recent health problem, it is recommended to either schedule an appointment with your primary physician.
7. The results of your tests may take approximately **two-three weeks**. You will be scheduled for an appointment to go over these test results. This appointment usually takes approximately 30 min to one hours. Your tests will include a written report **detailing the results of your tests. Dr. Firnbach will go over the possible causes of your health problem and the recommended treatment protocol** . It is recommended that you have your spouse, or a supportive family member attend this appointment if possible.
8. Your treatment may consist of dietary and lifestyle changes as well as prescribed **NaturalSupplements**, which must be paid at the time of purchase.
9. Follow-up consultations will be scheduled every **2 weeks** allowing you the opportunity to discuss your progress and any concerns with Dr. Firnbach. **Dr. Firnbach** will at this time determine what direction to take to help you continue your progress. Your cooperation in taking **“personal responsibility”** in your health care will go a long way in getting better. The fee for the follow-up appointments are **\$80 and will last about 30-45 minutes**.
10. **Abnormal laboratory tests** will need to be re-evaluated. The success of your treatment will not only be measured on the reduction of elimination of your physical symptoms, but on abnormal laboratory tests returning to a normal status. For example: Many physicians will prescribe Lipitor for individuals suffering with high cholesterol. Your physician will also require periodic cholesterol blood tests to monitor the success of the medication. Laboratory fees can vary depending on what needs to be re-tested.

I, _____ have read and fully understand the **Patient Acceptance Policy**

Patient Signature

[Your Name]